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Samarkand: Recipes & Stories From Central Asia & The ...

Samarkand: Recipes & Stories From Central Asia & The Caucasus Ebooks Free Over hundreds of years, various ethnic groups have passed through this city, sharing and influencing each other's cuisine and leaving their culinary stamp Samarkand is a love letter to

Summer Borscht with Sour Cream and Chives

Samarkand: Recipes & Stories from Central Asia and the Caucasus 3 3/4 teaspoon salt 1/2 teaspoon caster sugar, sunflower oil or melted lard 1/2 teaspoon black onion seeds Non is the flatbread that is made the length and breadth of Central Asia It is usually baked by being slapped onto the searingly hot clay walls of a tandoor oven

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and apricots in a lavash crust is there But the recipes which really caught my attention were not ones that I was familiar with or that were complex They are simple family fare Samarkand: Recipes & Stories from Central Asia & The Caucasus Dreaming Of Samarkand

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Caroline's first book, Samarkand: Recipes & Stories from Central Asia & the Caucasus, was released in June 2016 Co-authored with British food journalist Eleanor Ford, Caroline's new book includes recipes developed over her many years of travel to the region, along with gorgeous photography and personal stories from the Silk Road

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READING GUIDE Caucasus

collecting both stories and recipes to present a compelling portrait of a stunning country and its remarkable people \$2495 Caroline Eden, Eleanor Ford Samarkand CAS248 | 2016 | 256 pages | HARD COVER An excellent introduction to Samarkand (by turns inhabited by Uzbeks, Tajiks, Russians, Turks, Koryo-Sarams, Jews and Afghans), this compendium

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Samarkand: Recipes and Stories from Central Asia and the Caucasus, winner of the Guild of Food Writers 'Food and Travel' award 2017, a Food 52 Piglet award 2017 finalist, Amazon category bestseller, and named as one of the Guardian food books of the year Eleanor has given talks for companies, food festivals and on radio

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Rosh Hashanah Plov with Barberries, Pomegranate, and Quince

Heat the oil in the kazan (see note below) until hot and foaming Brown the beef over medium-high heat, in batches if necessary, then remove from the pan

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